HOW TO SUPPORT LEARNING
in international learning mobility projects

01 BEFORE MOBILITY

- Minimise ambiguity by introducing the practical aspects:
  - Prepare an infopack about travel, accommodation, etc.)
  - Make a virtual tour about the accommodation
  - Send some information about residence country
- Input on the topic:
  - Provide resources to read before arriving
  - Give a homework task e.g., preparing a presentation on the topic and posting it on social media
- Getting to know each other:
  - Create communication channels (Facebook group, drive...)
  - People present themselves on Facebook group
  - Introductive videos
  - Other creative tasks – writing, voice message, story about themselves
- Ask the participants to fill out a form on learning needs
- Use visual materials

02 DURING MOBILITY

- On the first day of your residential activity, spend sufficient time on the activities that allow participants to **get to know each other face-to-face** and get into the format of the learning mobility:
  - Name games
  - Group building exercises
  - Contributions, expectations, fears

- Combine different methods of learning, working and being together:
  - Group work
  - Mentoring (trainers and participants)
  - Feedback sessions
  - Diary (different ways: pictures, notes, drawing)
  - Creating workshops or sessions run by the participants
  - Use visuals and games (Dixit, Story Cubes, pictures, cards, etc) for reflection
  - Creative activities that include drawing, theatre, different types of expression
  - Outdoor education activities (hiking, low-ropes)
  - Guest speakers
  - Energisers

- Do not underestimate the power of the activities outside of the programme:
  - Face to face communication outside of the activities
  - Free evenings for the participants to organise
  - Cooking
  - Library room/corner (books and materials to read connected to the topic of the course)
  - Take time to discuss the topics in depth
  - An evening workshop/session
  - Open team meetings

03 AFTER MOBILITY

- Write an article together on the topic of the project
- Let the participants research the networks that they can join
- Give a task to write a letter to one person from the group
- Chain letter or object traveling between the participants
- Post pictures
- Plan future collaboration
- Keeping in touch for dissemination activities
- Do a workshop (implement what you have seen and learned)
- Writing reports